

NINZ FREE RESOURCES

AI Research Verification Checklist

A checklist to help business owners verify AI-assisted research before relying on it for important decisions or published content.

RESOURCE TYPE	ACCESS	VERSION	UPDATED
Checklist	Instant access	Version 1.0	August 2026

What this helps you do

Use this checklist to slow down and verify AI-assisted research before using it in a business decision, customer-facing message, educational content, or planning document.

Who it is for

This resource is for business owners who use AI to learn, research, compare options, draft explanations, or summarize information and want a simple way to check the result.

How to use it

1. Use the checklist whenever AI gives you facts, sources, dates, laws, rules, product details, pricing, or recommendations.
2. Open the source instead of relying only on the AI summary.
3. Check whether the source actually supports the claim.
4. Look for dates, jurisdiction, and context.
5. Use professional verification when consequences are significant.

Checklist

Is the information current?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				
Is a source provided?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				
Did I open the source?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				
Am I looking at the original source, or another website's description of the source?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				
Is it a primary source?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				

Does the source actually support the claim?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				

Is the publication or update date relevant?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				

Does jurisdiction matter?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				

Is this fact, opinion, estimate, or interpretation?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				

Can I confirm it with another reliable source?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				

Could the information have changed?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				

Does this require professional verification?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				

Am I relying on an AI-generated citation that may not exist?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				

Have I verified before acting or publishing?	☐ Reviewed	☐ Review	☐ Verify	☐ N/A
Notes				

Continue Your Journey

After learning how to verify AI research, review the responsible AI checklist before using AI output in your business.

Sources & References

Artificial Intelligence Risk Management Framework: Generative Artificial Intelligence Profile - National Institute of Standards and Technology - <https://www.nist.gov/publications/artificial-intelligence-risk-management-framework-generative-artificial-intelligence>

AI Risk Management Framework FAQs - National Institute of Standards and Technology - <https://www.nist.gov/itl/ai-risk-management-framework/ai-risk-management-framework-faqs>